

FREE 10 KM



SCAN TO
REGISTER



IN AID OF
MOUTH CANCER
FOUNDATION



1st October to
30th November 2023

CREATE A ROUTE, AROUND YOUR LOCAL AREA, WITH A TOTAL DISTANCE OF 10 KM

THIS COULD BE ANY COMBINATION SUCH AS 1 X 10 KM, 2 X 5 KM, 10 X 1 KM
THE ROUTE CAN BE DONE IN ONE GO, OR OVER SEVERAL DAYS

Visit our website for more information or email
info@mouthcancerwalk.org
or alternatively call us on 020 8940 5680



18th Anniversary

Mouth Cancer Walk
www.mouthcancerwalk.org



Awareness and Support