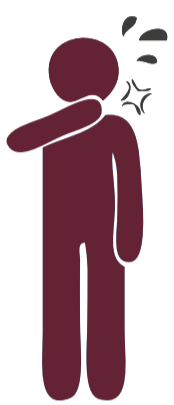


Head & Neck Cancer

The Symptoms

| Look out for the warning signs



Persistent sore throat



Foul breath



Hoarseness or voice changes



Swelling of throat



Persistent ear ache or constant pain



Lump, bump or mass without pain



White or red patch



Persistent nasal obstructions or congestions

Any one of these symptoms in the head and neck area could indicate Head & Neck Cancer, contact your GP immediately

Early diagnosis can save your life

1 *for* 3

Sore tongue, non-healing mouth ulcers and/or red or white patches in the mouth	Pain in the throat	Persistent hoarseness
Painful and/or difficulty swallowing	Lump in the neck	Blocked nose on one side and/or bloody discharge from the nose

WEEK 1

WEEK 2

WEEK 3

Ask your dentist about oral screening at your next appointment

SEEK MEDICAL ADVICE

24/7 Patient and Carer support line service:

07504 725 059

theswallows.org.uk



The Swallows
Head & Neck Cancer Support Group
Registered Charity Number: 1149794



Mouth Cancer FOUNDATION

Awareness and Support

Advice Line:

01924 950 950

Head office:

+44 (0) 208 940 5680

mouthcancerfoundation.org